

# THE YOGA PLACE

444 Main Street, suite 204

La Crosse, WI 54601

Chris Saudek, director

(608) 784-2622

www.yogalacrosse.com

## Weekend Classes with Swati Chanchani June 7<sup>th</sup> and 8<sup>th</sup>, 2008

Schedule of Classes			
Date	Time	Level	Cost
This Class is Full Saturday, June 7	This Class is Full 11:00 a.m. — 1:00 p.m.	Asana All levels	This Class is Full \$30
This Class is Full Saturday, June 7	This Class is Full 4:00 p.m. — 6:00 p.m.	Restorative and Pranayama All levels	This Class is Full \$30
This Class is Full Sunday, June 8	This Class is Full 9:30 a.m. — 12:30 p.m.	Asana Continuing students**	This Class is Full \$35
Sunday, June 8	3:30 p.m. — 5:30 p.m.	Asana and Pranayama Continuing students**	\$30

**\*\*Continuing students should be familiar with Sirsasana, Sarvangasana, and be working on Adho Mukha Vrksasana and pushing into Urdhva Dhanurasana. Most students of The Yoga Place who have been in Level I Continuing (or higher levels) for some time could register for the Sunday classes.**

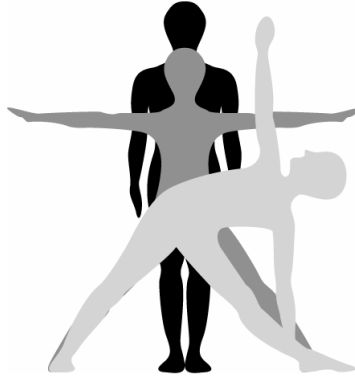
We are pleased that Swati Chanchani has agreed to return to La Crosse to teach. Swati and her husband, Rajiv have been here on numerous occasions and the response to both of these gifted teachers has been exceptional. Rajiv and Swati are the directors of the Yoga-Ganga Centre for Yoga Studies in Mussorie, India where they instruct ongoing classes for all ages and have residential workshops. They are the authors of *Yoga for Children*. They are long-time students of B.K.S. Iyengar and very dedicated teachers and practitioners. Every winter the Chanchanis spend up to two months in Pune, India to study with the Iyengars. We are very fortunate to have this chance to study with Swati who is one of the finest Indian instructors in the world.

All classes may be taken individually. The price for all the classes is \$115. **Please sign up early as space is limited.** No confirmation will be sent. You will only be informed if the classes are full. Otherwise, you may assume you are registered for the classes you requested.

**Call Chris or Ann at (608) 784-2622 or email [chris@yogalacrosse.com](mailto:chris@yogalacrosse.com) with any questions. Register early** to assure your place (see reverse side).

Please fill out the registration form on the reverse and keep your schedule.

Visit us at our website: [www.yogalacrosse.com](http://www.yogalacrosse.com)



*Our **refund policy** is firm. There will be no refunds after May 20th unless your space can be filled and no refunds period after June 1st. Included in the fees is a processing fee of \$5/class that is non-refundable and non-transferable (this will be subtracted from your fees in the case of any cancellation, even if your spot can be filled).*

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Workshop Registration Form

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

**Please make checks payable to The Yoga Place and send registration to:**

Chanchani Classes  
The Yoga Place  
444 Main Street  
Suite 204  
La Crosse, WI 54601

Enclosed is payment for:

- Saturday, June 7, morning (\$30)
- Saturday, June 7, afternoon (\$30)
- Sunday, June 8, morning (\$35)
- Sunday, June 8, afternoon (\$30)

Amount

ALL CLASSES

(\$115)

Check if you would like information on local housing  
\_\_\_\_\_ (we will try our best)

Information on hotels and a map to The Yoga Place can be found on our website:

[WWW.YOGALACROSSE.COM](http://WWW.YOGALACROSSE.COM)

I have read and fully understand your cancellation policy

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(your signature)