

BKS IYENGAR Yoga Student Information

Print Name _____ Date _____

Class registered for this session (day and time) _____

New Student Yes / No If no, how many years have you studied Iyengar Yoga? _____

Occupation _____ Date of Birth _____ Age _____ Sex M / F

Please circle areas of concern regarding your health. Write pertinent details below or on the back of this sheet (such as when it started, what your symptoms are, etc.)

Allergy	Dizziness	Kidney	Pregnancy
Asthma	Eyes	Knees	Post-partum
Ankles/Feet	Gastrointestinal	Liver	Prolonged illness
Anxiety	disorder	Lower back	Prostate
Arthritis	Headache	Low Blood Pressure	Recent surgery
Auto-immune dysfunction	Hearing	Menopausal	Sedentary
Bladder	Heart Condition	Menstrual problems	Sciatica
Carpal Tunnel	High Blood Pressure	Multiple Sclerosis	Scoliosis
Chronic Fatigue	Hips/Legs	Neck	Shoulders
Diabetes	HIV-related	Osteoporosis	Thyroid
Depression	Hypoglycemia	Plantar fasciitis	Wrist/Hand
	Insomnia		

Please describe conditions not listed above or elaborate on those circled _____

_____ List Medications, Remedies, and Supplements Used

Have you used? (circle answers): Acupuncture _____ Chinese Medicine _____
Chiropractic _____ Deep Tissue Therapy _____ Homeopathic Medicine _____ Massage _____
Physical Therapy _____ Psychotherapy _____

Have you ever been in a car accident or had a traumatic injury? Yes No

If Yes, what year?

How did you hear about the yoga classes?

What is the main thing you expect to gain from the yoga classes?

****** Please turnover, read our refund policy and sign form. Thank you!***

Refund and Make-up Policies

If we receive notification of your withdrawal 24 hours before the first date of the session, we will issue a refund. If we receive notification within the first week of the session, we will refund tuition minus a \$20 registration fee. Refunds will be mailed within the first month of the session.

There is no carryover of classes into another session and no transfer of class fees to another person. In the case of serious illness or family emergency some credit for another session may be granted.

Our make-up policy is very flexible: You may make-up in any class of the same level anytime during the session. Make-ups can be made in advance of an absence. Classes cannot be carried over from one session to another. They must be made up within the session for which you signed up.

I have read and understand your refund and make-up policies:

Your Signature

****** Please turnover, read our refund policy and sign form. Thank you!***