



## THE YOGA PLACE

Monday	9:00-10:15am	Ageless Beginners (Studio)	Pam
	4:30 -5:45pm	All Levels (Zoom)	Chris
Tuesday	8:30 -10:00am	All Levels (Hybrid)	Hallie
	10:30-12:30pm	Advanced (Zoom)	Chris
	3:30- 4:45pm	Ageless (Hybrid)	Pam
	5:15- 6:45pm	All Levels (Zoom)	Jenelle
	5:15-6:45pm	Beginner (Studio)	Jennie
Wednesday	8:30 -10:00am	All Levels (Hybrid)	Jennie
	10:30-12:00pm	Mixed Levels (Studio)	Francie
Thursday	9:00-10:15am	Ageless Beginners (Studio)	Pam
	5:30-7:00pm	Refine and Strength (Hybrid)	Jennie
Friday	8:30 -10:00am	All Levels (Hybrid)	Jennie
	10:30-12:00pm	Ageless (Zoom)	Francie
Saturday	<i>No class in August</i>		
Sunday	9:00-10:30am	Sunday Sadhana (Zoom)	Jennie August 7

Summer 2022 June 1 – August 31



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