



THE YOGA PLACE

**Fall 2022 Sep – Dec**

Monday	9:00-10:15am	Ageless Beginners (Studio)	Pam
	4:30 -5:45pm	All Levels (Hybrid)	Chris
	6:15 -7:30pm	Beginners Series 8-weeks (studio)	Chris
Tuesday	8:30 -10:00am	All Levels (Hybrid)	Hallie
	10:30-12:30pm	Advanced (Zoom)	Chris
	3:30- 4:45pm	Ageless (Hybrid)	Pam
	5:15-6:30pm	All Levels (Zoom)	Jenelle
	5:30-7:00pm	Monthly Series Oct/Nov/Dec	Jennie
Wednesday	8:30 -10:00am	All Levels (Hybrid)	Jennie
	10:30-11:45am	Mixed Levels (Studio)	Francie
	5:15-6:30pm	Beginner/Level I (Studio)	Pam
Thursday			
	9:00-10:15am	Ageless Beginners (Studio)	Pam
	5:30-7:00pm	Refine&Strength (Hybrid)	Jennie
Friday	8:30 -10:00am	All Levels (Hybrid)	Jennie
	10:30-11:45am	Ageless (Zoom)	Francie
Saturday	9:00-10:15am	Begin Again (Zoom)	Rachel

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